

# MAUI HALEAKALA SUNRISE VOLCANO BIKE TOUR

Ride Haleakala at Sunrise: Downhill Bike Tour from Summit to Sea

| AGES | DURATION | DESTINATION | CHECK-IN        |
|------|----------|-------------|-----------------|
| 15+  | 7 Hours  | Haleakala   | 2:45 to 3:30 AM |

**CHECK-IN LOCATION: 497 Baldwin Ave, Paia HI 96779**

Check-in times vary throughout the year depending on the time of the sunrise. A text message will confirm the exact meet time at our office the day before your tour. Seating is extremely limited, so book early.

## HALEAKALA SUNRISE & DOWNHILL BIKE ADVENTURE

The Sunrise Journey starts before dawn with transportation to Haleakala National Park, where guides share the volcano's history, geology, and its rare plants and animals. After viewing the spectacular sunrise at the crater rim, you will receive a comprehensive safety briefing at about 6,500 feet and embark on a 26-mile guided descent through Haleakala Ranch, upcountry Kula, Makawao, and pineapple fields, ending at Paia Bay Beach Park with an extended scenic bike ride down the slopes of the world's largest dormant volcano.

We are one of only two companies to offer this unique, invigorating experience. After check-in at our office, you will board the bus with Valley Isle Excursions for a narrated tour up Haleakala with an experienced guide. At the top, watch the sunrise over the crater that looks like the moon. On a clear day you can catch views of the Big Island's two mountains, Mauna Kea and Mauna Loa.

After sunrise, the van tour heads down the mountain through diverse ecosystems that are home to the rare Silver Sword plant, found only on the slopes of Haleakala, past forest pine groves to the 6,500 foot level. There your Maui Mountain Riders biking guides will give you a safety briefing and fit you with a bike and helmet before you ride down through Haleakala Ranch lands, taking in amazing bi-coastal views through the fabulous 29 switchback turns. At the eucalyptus grove, you load up and revisit the switchbacks. It is always better the second run. The tour continues by van through Kula to the paniolo town of Makawao for eateries, coffee shops, and boutique shopping, then rides down through the pineapple fields and Rainbow shower trees to our office in Paia.

## HIGHLIGHTS

- Spectacular sunrise viewed from the rim of Haleakala crater
- Guided 26-mile downhill bike ride through diverse landscapes from summit to sea
- Interpretive commentary about Haleakala's geology, history, and endemic species

## ITINERARY

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Check-in times vary seasonally with the sunrise. A text message confirms the exact meet time the day before.

|                |                                 |                                                                          |
|----------------|---------------------------------|--------------------------------------------------------------------------|
| <b>2:45 AM</b> | <b>Check-In</b>                 | 2:45 to 3:30 AM at 497 Baldwin Ave, Paia (time confirmed by text)        |
| <b>90 min</b>  | <b>Narrated Ride to the Top</b> | Van ride with history and focal points, ending at the 10,000 ft peak     |
| <b>30 min</b>  | <b>Watch the Sunrise</b>        | See the sunrise over Maui from 10,000 feet, the top of Haleakala         |
| <b>30 min</b>  | <b>Ride to Launch Point</b>     | Narrated van ride down to the launch point at 6,500 ft                   |
| <b>20 min</b>  | <b>First Bike Ride</b>          | Safety briefing, gear fitting, then 29 switchbacks with bi-coastal views |
| <b>10 min</b>  | <b>Ride Back Up</b>             | Van returns you to the launch point                                      |
| <b>20 min</b>  | <b>Second Bike Ride</b>         | Repeat the 29 switchbacks for a more exhilarating second run             |
| <b>15 min</b>  | <b>Van Tour of Kula</b>         | Scenic drive to the town of Makawao                                      |
| <b>30 min</b>  | <b>Explore Makawao</b>          | Coffee, breakfast, and local shopping                                    |
| <b>20 min</b>  | <b>Final Bike Ride</b>          | Makawao down to the office on Baldwin Ave where the tour began           |

## WHAT'S INCLUDED

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- Volcano Chrome Cruiser bike, designed with drum brakes to handle the downhill ride
- Full-face helmet
- Granola bars
- Bottled water

## WHAT TO BRING

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You can bring a backpack that will be stored in the van. It can carry extra layers of clothing and any purchases you make along the way.

|                                            |                                    |
|--------------------------------------------|------------------------------------|
| Warm clothing (it is very cold at the top) | Sunglasses or prescription glasses |
| Closed-toe shoes                           | Sunscreen                          |
| Layered clothing                           | Camera                             |

Pants (no dresses or baggy pants)

## WHAT TO WEAR

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Wear whatever makes you comfortable. Closed-toe shoes and helmets are the only mandatory attire. Gloves, windbreakers, and windproof pants are highly recommended. Early morning temperatures can be quite brisk, and combined with the downhill speeds, you may find it chilly. It is very cold at the 10,000 foot summit before dawn, so warm layers are essential.

Jackets, sweatshirts, jeans, leggings, and long-sleeved shirts are all safe options. Dressing in layers is always a good idea. Check the weather before your tour and dress accordingly.

## SPECIAL REQUIREMENTS

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- Must sign an acknowledgement of risk form
- Must view the "Leave No Trace" video prior to participation
- Must be a competent bike rider

## RESTRICTIONS

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These restrictions exist for your safety. Questions? Call our office at (808) 877-4944.

- Riders must be competent, experienced, and confident. You should be able to get on and off the bike safely, keep it under complete control at all times, and maneuver through 180-degree turns at speeds of 18-25 mph
- Minimum age 15. Anyone under 18 must be accompanied by an adult
- Riders must not be pregnant
- Maximum rider weight is 280 lbs due to bike manufacturer limitations
- Minimum rider height is 4 ft 10 in
- Closed-toe shoes only. No exceptions
- Riders must be capable of engaging in activity at higher elevations
- Riders cannot be taking medication that may cause drowsiness or fatigue
- All riders must understand the risks involved and sign an acknowledgement of risk form

## DISCLAIMERS

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Seating is extremely limited and tours have limited capacity. Tour times vary seasonally. Participants should consider medication, medical conditions, recent biking experience, fear of heights, and ability to maneuver a bike through 180-degree turns. Mountain Riders may restrict participation based on safety considerations.

**QUESTIONS? CALL OUR OFFICE**

**(808) 877-4944**

**497 Baldwin Ave, Paia HI 96779**